## CDEC 1318: WELLNESS OF THE YOUNG CHILD

Factors impacting the well-being of young children. Includes healthy behavior, food, nutrition, fitness, and safety practices. Focuses on local and national standards and legal implications of relevant policies and regulations. Course content is aligned with State Board of Educator Certification Pedagogy and Professional Responsibilities standards. Requires students to participate in a minimum of 16 hours field experience with children from infancy through age 12 in a variety of settings with varied and diverse populations.

Credits: 3

Lecture Hours: 3 Lab Hours: 0 Clinical Hours: 0 CIP: 19.0709

**Program:** Child Care Provider/Assistant (CDEC)

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