SCWK 2311: Interviewing and Counseling Theories

A comprehensive study of major theories of various treatment modalities including person-centered, motivational interviewing, stages of change, solution focused therapy, rational - emotive, and reality therapy etc. Topics include cognitive/ behavioral approaches such as behavior modification, life skills training, and role playing in a simulated situation. Three lecture hours per week.

Credits 3 Lecture Hours 3 Lab Hours 0 Clinical Hours 0 CIP 44.0701

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