

BIOL 1322 : Nutrition & Diet Therapy I

This course introduces general nutritional concepts in health and disease and includes practical applications of that knowledge. Special emphasis is given to nutrients and nutritional processes including functions, food sources, digestion, absorption, and metabolism. Food safety, availability, and nutritional information including food labels, advertising, and nationally established guidelines are addressed. Three hours lecture per week.

Credits 3

Lecture Hours 3

Lab Hours 0

Clinical Hours 0

CIP

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