

VNSG 1136 : Mental Health

Introduction to the principles and theories of positive mental health and human behaviors. Topics include emotional responses, coping mechanisms, and therapeutic communication skills. Sixteen hours lecture per semester.

Credits 1

Lecture Hours 1

Lab Hours 0

Clinical Hours 0

CIP

51.1613.00 00

Prerequisites

Successful completion of all fall semester courses with a grade of 75 (C) or better.