

# Addicted Family Intervention

## **Class**

DAAC 2307

This course looks at the family as a dynamic system focusing on the effects of addiction on family roles, rules, and behavior patterns. This look includes the effects of mood altering substances, behaviors, and therapeutic alternatives as they relate to the family from a multicultural and transgenerational perspective.

This course includes a lab in which outside assignments and class assignments will be practiced through role plays and other experiential learning experiences.

## Student Conduct

Weatherford College has the responsibility and authority to formulate and enforce rules of student conduct that are appropriate and necessary to further the educational goals of the College and its students. Students who enroll must accept responsibility for their behavior and for their ultimate success in higher education. To create a positive climate for learning, Weatherford College expects all students to abide by a Code of Student Behavior. To summarize:

Students must maintain high standards of scholastic honesty. Violations of the Code of Student Behavior include but are not limited to cheating on tests or assignments, plagiarism, and collusion; violence or threats of violence; loud or abusive language; and failure to comply with the direction of College officials and instructors.

## Grade Information

Class participation and outside assignments consist of group participation, in-class discussions, role plays, outside of class open book quizzes, glossary terms, internet papers, & class dialogues on-line.

Exams will consist of multiple choice, true/false, and short answers from the required text reading and class notes.

## Attendance

Your attendance is the biggest predictor of your success. Attendance at every class is expected. If you miss a class it is expected that you will contact your instructor. If for some reason you expect to miss a lot of class it is recommended that you contact your instructor to discuss possible options.

## **Course Learning Objectives**

- I. Explain the family as a dynamic systems; describe the effects of addiction on the dynamics of a family system, differentiate between various family treatment processes and their applicability to traditional and nontraditional family systems; identify the impact of mood altering substances and behaviors as they relate to the family from a multicultural and transgenerational perspective; and discuss the role of the family in the addictive and recovery process.
- II. Viewing the family as a client
  - a. Understanding foots of family therapy
  - b. Discussing the nuclear family and the family of origin
  - c. Listing the key concepts in viewing the family as the client
  - d. Explaining the etiology of family therapy
- III. Describing the physiological, sociological, and psychological influences on the family.
- IV. Discussing the diagnosing the alcoholic family
  - a. Explain the observation of behaviors
  - b. Demonstrate therapist assessment of family structure

- V. Explain a prescription for family treatment
  - a. Discuss the relationship between family therapy and alcoholics anonymous
  - b. Identify the chronic alcoholic family
  - c. Demonstrate how to transition to a marital focus
  - d. Describe adolescent alcohol and other drug use and abuse
  - e. Overview treatment techniques for family therapy
- VI. Present children of alcoholics and adult children of alcoholics
  - a. List the problems of the children
  - b. Explain treatment to help children
  - c. Discuss adult children of alcoholics
  - d. Identify the intergenerational transmission of alcoholism
  - e. Describe the resilient children of alcoholics
- VII. Explain treatment with the alcoholic's spouse
  - a. Identify the background of the problem
  - b. List treatment implications
  - c. Discuss the codependency movement
- VIII. Demonstrate evaluation of treatment
  - a. Show results of family therapy evaluations
  - b. Discuss evaluation of family therapy in the treatment of alcoholism

#### **Required Textbooks**

Substance Abuse Treatment and Family Therapy/A Treatment Improvement Protocol, TIP 39, Substance Abuse and Mental Health Service Administration (SAMHSA) .

Getting Ready to Test: A Review/Preparation Manual for Drug and Alcohol Credentialing Examinations, 6th ed.

#### **Disabilities**

##### **ADA Statement:**

Any student with a documented disability (e.g. learning, psychiatric, vision, hearing, etc.) may contact the Office on the Weatherford College Weatherford Campus to request reasonable accommodations. *Phone:* 817-598-6350  
*Office Location:* Office Number 118 in the Student Services Building, upper floor. *Physical Address:* Weatherford College 225 College Park Drive Weatherford, TX.

#### **Academic Integrity**

Academic Integrity is fundamental to the educational mission of Weatherford College, and the College expects its students to maintain high standards of personal and scholarly conduct. Academic dishonesty of any kind will not be tolerated. Academic dishonesty includes, but is not limited to, cheating on an examination or other academic work, plagiarism, collusion, and the abuse of resource materials including unauthorized use of Generative AI. Departments may adopt discipline specific guidelines on Generative AI usage approved by the instructional dean. Any student who is demonstrated to have engaged in any of these activities will be subject to immediate disciplinary action in accordance with institutional procedures.